The Following Collect, Epistle & Gospel will be read during the Eucharist today in the personal Chapel of the Presiding Archbishop of the Australian Church of Antioch, The Most Reverend Frank Bugge.

The 20th Sunday after Trinity

Intent - Serenity.

The Collect.

O God, grant to us serenity of heart, and the peace which passes all understanding which is not obscured by the shadows of this earth; let this serenity permeate our being and radiate outward to all humanity; we ask this in the name of our Lord Christ. Amen.

The Epistle for the 20th Sunday after Trinity is from the writings of Bishop Leadbeater.

For building serenity in oneself some self examination is necessary, but it is a fatal mistake to spend too much time in self examination. It is like spending all ones time in oiling and tinkering with the machine and never running it. When we attempt to live a higher life of serenity, we must find a great many things that we like and crave which we must put aside. We may still have attraction for them, but they will subside as we compare the peace and serenity of higher things with the lower enjoyments. Learn to be happy and serene, for from that platform you can distribute serenity to others.

Here Endeth the Epistle.

The Gospel for the 20th Sunday after Trinity is from the words of the occult Pharaoh Smenkare.

Serenity is as elusive as trying to place the smoke from the fire in an open bucket. The every day matters of life endeavour to dispel serenity just as the wind disperses the smoke of the fire. Day after day we use the excuse that the fight for our physical survival claims our attention to the point of neglect of our higher self. We live on our nerves, place enormous stress upon ourselves for what. When our allotted time on earth is up does our social standing, or our physical possessions give us any greater right to serenity than those who have none? Attend to me and listen carefully, for I tell you that those who have reserved their place in an afterlife of peace will be those who spare a little time to tend to the matters of Spirit. While the greedy are frantically gathering all their goods around them, the others by their actions of love and caring, are creating the perfect conditions for their future serenity.

Praise Be to Thee O Christ.