

**The Following Collect, Epistle & Gospel will be read during the Eucharist today in the personal Chapel of the Presiding Archbishop of the Australian Church of Antioch, The Most Reverend Frank Bugge.**

**The 11th Sunday after Trinity**

**Green.**

**Intent - Discernment**

**Candles 6.**

**The Collect.**

O God, grant that we may unfold within ourselves such discernment, that we may avoid those things that be hurtful to the soul, and seek only those things that give us strength to serve you better; this we ask in the name of the Christ. Amen.

**The Epistle for the 11th Sunday after Trinity is from the words of Bishop F. Bugge.**

In the Buddhist Dhammapada it says --- If an intelligent man be associated for one minute only with a wise man, he will perceive the truth, as the tongue perceives the taste of soup. If a fool be associated with a wise man even all his life, he will perceive the truth as little as the spoon perceives the taste of the soup. Looking carefully at this statement we will see that the big difference between the two men is their power of discernment. While any or all of us may not be sitting at the top of the class in intelligence, we do not have to be as dead to the truth as the spoon. Even the slightest taste of the soup can show there is something there. Discernment on our part can tell if the soup is good or bad. A good soup will strengthen and nourish, a bad one will bring you down to low ebb. Choose carefully which chef you will patronise, the chef of good soup of truth and Godliness, or the chef of misery who can disguise his horrible soup with bad wine, and lead you to spiritual alcoholism. Discernment in this matter is up to you.

**Here Endeth the Epistle.**

**The Gospel for the 11th Sunday after Trinity is from the words of Mouni Sadhu.**

We often hear about the so called unity of all mankind. As a logical consequence comes the conviction that everything which unites us is right and that which separates is wrong. However truth is somewhat apart from this statement. It depends with what we would be united and which manifestations of life we are to join and from which to remain separate.

**Praise Be to Thee O Christ.**